

Estimate the Amount of Water You and Your Family Uses a Day

Use this estimator sheet provided by the USDA-Natural Resources Conservation Service to see how much water you and your family use in your home each day.

A <i>WHAT WE DO</i>	B <i>HOW MUCH WATER IS USED</i>	C <i>HOW OFTEN</i>	D <i>DAILY WATER USE</i>
	B x C = D		
Flushing a toilet	5-7 gallons		
Taking a bath with tub full	30 gallons		
Taking a shower with water running	20 gallons		
Shaving with water running	15 gallons		
Brushing teeth with water running	5 gallons		
Washing hands or face with water running	2 gallons		
Drinking—running water to cool	1 gallon		
Cleaning vegetables with water running	3 gallons		
Dishwasher on full cycle	16 gallons		
Wash dishes by hand with water running	30 gallons		
Washing clothes on full cycle at top water level	60 gallons		
TOTAL WATER USE (ADD ALL THE NUMBERS IN COLUMN D)			

By doing simple things such as turning the water off while you brush your teeth or shaving, washing dishes and clothes only when you have a full load, or showering for ten minutes or less rather than bathing in a full tub of water, you can reduce your total water usage and your water bill and increase the amount of water you save for future use. Contact the _____ County office of Texas Cooperative Extension by telephoning _____ for more information on conserving water.